

## **Individual Development Plan for Postdoctoral Fellows**

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### **A. Information/Signatures**

Name of Postdoctoral Fellow: \_\_\_\_\_

Department: \_\_\_\_\_

Signature: Date: \_\_\_\_\_

PI: \_\_\_\_\_

PI signature/Date: \_\_\_\_\_

Departmental Chair Signature: /Date: \_\_\_\_\_

### **A. Research**

**1.** Describe the aims and experimental approaches of your current research project(s)

**2.** What is the significance of your research?

## **B. Annual Progress Report**

1. List or briefly describe major research accomplishments this year (do not include publications or presentations here):
  
2. List new techniques/expertise acquired this year:
  
3. List references for publication submitted or published this year.
  
4. List your funding source(s) and grants applied for this year.
  
5. List honor/awards received this year.

6. List accomplishments this year in other aspects of career developments (e.g. teaching, clinical, committees, etc.).

### **C. Plans for Up-Coming Year**

1. Research Project Goals for the up-coming year (briefly):

2. What are you plans for:

a. Improving your scientific writing skills?

b. Improving your oral presentation skills?

3. Anticipated research techniques to learn in the up-coming year:

4. Anticipated publications to submit in the up-coming year:

5. Anticipated meeting and workshop attendance in the up-coming year.

6. Fellowship or other funding applications planned for the up-coming year.

7. Anticipated collaborations to establish in the up-coming year:

8. Anticipated other professional training for the up-coming year:

9. How can your PI/mentor help you achieve your goals for the upcoming year? What do you want/need from your PI/mentor?

#### **D. Career Goals**

1. What are your short-term career goals? Describe your timeline for achieving them?

2. What are your long-term career goals? Describe your timeline for achieving them?
3. What further research activity or other training is needed before it is appropriate to start a job search?
4. When will you begin a job search? If you do now know, estimate.